OUR MISSION
DOCARE International is a medical outreach organization dedicated to education and providing healthcare to under-resourced communities around the world.

OUR VISION
The world is our clinic.
Dear DOCARE Family and Friends,

I want to express how very grateful I am to all of our volunteers, trip directors, clinic directors, host communities and NGO partners, board members, the American Osteopathic Association, and all of our donors for their efforts in helping make DOCARE’s programs thrive and grow every year.

I joined the board of directors of DOCARE International in 2009. At that time, while we had been in existence for nearly 50 years, we were a much smaller organization within the osteopathic medical profession that quietly conducted a handful of medical outreach trips each year in Central and South America. It was a short time later that that board members of DOCARE decided to create a plan to ensure our impact was larger and more continuous in the communities we served. As a result, in 2011 our first year-round continuity clinic, in San Andreas Itzapa, Guatemala, was built. Since then, DOCARE has established relationships with other partners for creation and further development of continuity clinics in Chacrasecra, Nicaragua, and Tecpan, Guatemala. In the summer of 2017, we will be adding a new site in Ngoswani, Kenya, working with the Masai people.

I am blessed, like many of our supporters, to have had the opportunity to serve others on DOCARE’s short term global health outreach trips. The number and locations of our trips have expanded, totaling 16 trips in 12 different countries this year. They vary in size and location, but the purpose is the same: the provision of health care to those in remote and under-resourced communities.

Other than providing care to patients in need, DOCARE International contributes to the education of a variety of health professions students, a majority of which are in the field of osteopathic medicine. There are over a dozen student chapters of DOCARE within osteopathic medical schools across the country, with hundreds of student members. Our educational support extends beyond these chapters to include education during outreach trips, at our clinic sites, and at a variety of national medical meetings.

The board members of DOCARE have worked hard this year to strengthen these programs and to ensure their sustainability into the future. I am so humbled that you desire to learn more about DOCARE International, as we need passionate people like you to help continue this work. We hope you will consider donating and volunteering with us this year. You may do so by volunteering for our outreach activities, joining a chapter, or offering to donate in any capacity.

My deepest gratitude,

Kelli Glaser, DO, FACOFP
President, DOCARE International
16 global health outreach trips to 12 countries on 3 continents

471 Volunteers, including

- 114 Physicians
- 191 Osteopathic medical students
- 53 nurses, nurse practitioners, & physicians’ assistants
- 11 pharmacists
- 7 dentists
- 94 lay volunteer

who collectively contributed workhours valued at $813,000 and served over 18,000 patients worldwide.

From a DOCARE volunteer:
“Despite being from different continents, speaking different languages, and being a part of different cultures, there is a universality in health and well-being that transcends these borders and unites people with the same goal.”
Continuity of Care Clinics: Guatemala

San Andrés Itzapa, Guatemala

The first clinic ever sponsored DOCARE by continues to provide primary healthcare to the community of San Andrés Itzapa, Guatemala. This clinic is located in rural Chimaltenango, not far from Antigua, and is run in partnership with la Asociación para la Salud y el Desarrollo (ASSADE). Here, a single physician provides primary care daily. In addition, the clinic offers pharmacy services and limited public health outreach. The San Andrés clinic serves as a locus for DOCARE’s annual short-term global health outreach trips to the area. DOCARE groups provide primary care to local communities, and the clinic treats all patients referred for follow-up. Over the past year, San Andrés also hosted seven students and two residents for month-long rotations under the tutelage of the clinic’s head physician.

Tecpán, Guatemala

In 2016 DOCARE helped construct this rural Guatemalan clinic in collaboration with its local partner, Fundación Educa Pueblo Viejo, and with the support of a grant from the American Osteopathic Foundation. Since opening, two local physicians have provided primary healthcare here, and pharmacy services, a dental clinic, and a full-time nutritionist are also available. The Tecpán clinic is open five days a week and sees 200-250 patients per month. In addition, the clinics provide continuity of care as needed for patients referred by DOCARE’s short-term global health outreach trips, which come to the area each February and March. At present, the clinic is finishing a dorm for the accommodation of rotating students, residents, and other visitors. As with all other clinics, applications to the 2017-2018 DOCARE rotation program at Tecpán are open now.
**Continuity of Care Clinics: Nicaragua and Kenya**

**Chacraseca, Nicaragua**

In Chacraseca, a farming village just outside Leon, Nicaragua, our clinic continues to thrive. This clinic benefits from an affiliation with JustHope, a nonprofit with a long history in the area that has been providing primary care to the local community for several years. The clinic was fully remodeled in Spring 2017, to improve patient privacy and safety, create office spaces for doctors and rotating students and residents, and add clinical exam rooms. DOCARE and JustHope are also investigating the possibility of expanding hospital partnerships, research opportunities, and participant engagement with local nonprofits.

The Chacraseca clinic hosted eight of our 17 rotation students this year, offering them a month of experience treating patients under the tutelage of two local doctors who staff the clinic full-time. We're looking forward to welcoming rotation participants to expanded opportunities in the coming year.

**Ngoswani, Kenya**

We are proud to announce our latest clinic partnership with New Frontiers Health Force. New Frontiers is located in rural Ngoswani, Narok, Kenya, at the edge of the famed Maasai Mara Reserve, and recently celebrated its twentieth year serving the community. Our rotation opportunity in this location offers a unique experience to American osteopathic medical students and residents, including the chance to work at the clinic’s 24-hour rural emergency department under the head clinician, Tanya Hawthorne, DO. There is robust interest in this opportunity, and DOCARE anticipates the clinic will begin hosting rotation participants in early 2018.
## Financial Summary

### Income

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<td>Dues:</td>
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<td>Donations:</td>
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<td>Rotation Fees:</td>
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<td>Interest and Dividends:</td>
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<td>Unrealized Gain from Investments:</td>
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### Expenses

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### In-kind Donations

Value of Volunteer Labor: $813,820

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From a DOCARE Volunteer:

“It is incredibly challenging to deliver necessary care to those who are in need the most, but the work we are able to provide, however small, was worth it.”
Our Board

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You can help DOCARE care for rural and under-served patients. To donate, visit
www.docareintl.org/contribute/

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