

Austin Dinkel, OMS III, KCUMB  
Post Trip Blog Kenya 2019



After many hours of traveling, we finally arrived at Kisumu International Airport at 8 in the morning. We then made our way to the hotel for some breakfast and went on a jog to ward off the jet lag.



This was our first day going to the clinic. Everyone was very friendly, and the children always asked to take pictures with us.



This is the road we took every day to reach the clinic. We had an hour drive from Kisumu. It is in a very beautiful area, and I spent most of the drives looking outside at everything going on.



Here is another picture of some of the children. They all live near the clinic, and they would come in to hang out with us after we were done seeing patients. They liked to be by the vans as we were loading up to head to the hotel.



On one of the rides back to the hotel, we stopped at a traditional market in Ahero. There were so many people selling a wide variety of things.



We had the opportunity to watch many of Kenya's beautiful sunsets. The first picture was from the roof of our hotel, and the second was from a restaurant overlooking Lake Victoria.



One of the days at clinic, they had a festival for some other visitors. A lot of people lined up to do a dance around the compound, which you can partly see in the center of the picture.



These are some of my friends that went on the trip. We are taking a picture with Dr. Bonyo, who is in the center.



I made many friends at the clinic. Here are some of the translators that I worked with. I still have kept in touch with them via Facebook.



Here I am doing OMM on a patient with some lower back pain. He gave me permission to take and use this photograph.



Dr. Bonyo did an incredible thing building a clinic there in rural western Kenya. It helps bring healthcare to so many people who otherwise would have no access. These were taken at the clinic on our last day seeing patients.



Here I am with some of the physicians that worked with us as we were about to fly out of Nairobi back to the US. Dr. Bonyo is on the far left, Dr. Desai is in the middle, and I am on the right. This was such a rewarding and lifechanging experience. I can't wait until an opportunity arises for another trip like this one.